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INSTRUCTIONS FOR PATIENTS HAVING A FLEXIBLE SIGMOIDOSCOPY

A Sigmoidoscopy is the examination of the entire rectum, sigmoid colon and may include examination of a portion of the descending colon.

BOWEL PREPARATION

Please purchase 2 fleet enemas (non oil containing) at any pharmacy and use according to package direction. Use 1 fleet enema at bedtime the night before your procedure. This will cause a bowel movement. Use the second fleet enema 1 1/2 hours prior to leaving home for your procedure. You may have a light diet.

Your appointment is on _____.

Please arrive at _____. Check-in with the clerk in the Surgical Daycare Unit at Saanich Peninsula Hospital.

*****FAILURE TO ATTEND YOUR BOOKED PROCEDURE WITHOUT ADEQUATE NOTICE MAY RESULT IN A \$50.00 CHARGE**

*****PLEASE BE AWARE NO REMINDERS WILL BE GIVEN FOR THIS BOOKING**